

## DELAWARE BOARD OF NURSING HOME ADMINISTRATORS

JULY 12, 2005 MINUTES – AS APPROVED SEPTEMBER 13, 2005

The Delaware Board of Examiners of Nursing Home Administrators held a meeting on Tuesday, July 12, 2005, at 2:00 p.m. in Conference Room B, located on the second floor of the Cannon Building, 861 Silver Lake Boulevard, Dover, Delaware.

Present: Linda Jones, Healthcare Professional Member, President, Presiding  
Elizabeth Happoldt, Public Member  
Alonzo Kieffer, Professional Member, Vice-President  
Carolyn Cotter, Public Member  
Patricia McLaughlin, Professional Member  
Lillie Mae Johnson, Public Member  
Michael Bundek, Public Member  
Allison Reardon, Deputy Attorney General  
Dana Spruill, Administrative Specialist II  
James Hanley, Deputy Attorney General

Absent: Jerry Spilecki, Professional Member

### Call to Order

Ms. Jones called the meeting to order at 2:17 p.m.

### Review of Minutes

The minutes of the June 14, 2005 meeting were reviewed. Ms. Johnson made a motion, seconded by Ms. McLaughlin, to approve the minutes as presented. The motion was unanimously carried.

### New Business

### AIT Programs

Rebecca Edwards - Ms. Cotter made a motion, seconded by Ms. McLaughlin, to approve Ms.

Edwards for a 6 month AIT program, to approve her AIT outline as submitted, to approve her preceptor, and to require her to complete a required course of study. The motion was unanimously carried.

Patricia Hildebrand – The Board reviewed a progress report submitted on Ms. Hildebrand's behalf. No action was required.

Michael L. Friedel – The Board reviewed Mr. Friedel's final AL and SNF progress reports and documentation verifying his successful completion of a required course of study. Mr. Friedel requested approval to sit for the NAB examination. The Board reviewed his application for licensure. A motion was made by Ms. McLaughlin, and seconded by Ms. Cotter, to approve Mr. Friedel to sit for the NAB examination and to approve his application for licensure contingent upon successful completion of the NAB examination. The motion was unanimously carried.

James Bolton – Ms. Johnson made a motion, seconded by Ms. McLaughlin, to approve Mr. Bolton for a 9 month AIT program. The motion was unanimously carried. Mr. Bolton will be advised to submit his requests for approval of his preceptor(s) and his AIT outline and that he cannot begin his AIT program until these have been approved. He will also be advised that he needs to complete a required course of study.

Dean Reid – Ms. Happoldt made a motion, seconded by Ms. McLaughlin, to approve Mr. Reid for a 9 month AIT program if his MPA was not in healthcare and a 6 month AIT program if the MPA was in healthcare. If he will be completing a 9 month AIT program, then he will need to submit a revised AIT outline. If he will be completing a 6 month AIT program, then the AIT outline is approved as submitted. The motion also included the approval of his SNF preceptor and that Mr. Reid shall be required to complete a required course of study. The motion was unanimously carried.

Shelly Marie Hitchens – Ms. Cotter made a motion, seconded by Ms. Johnson, to approve Ms. Hitchens for a 12 month AIT program, to approve her AIT outline as submitted, to approve her AL and SNF preceptor, and to require her to complete a required course of study. The motion was unanimously carried.

#### Application for Licensure

Michael L. Friedel – Mr. Friedel's application for licensure was considered and approved as stated above during the review of his AIT documents.

#### Continuing Education

Ms. McLaughlin made a motion, seconded by Ms. Cotter, to approve the following programs:

1. Institute for Natural Resources
  - a. Women's Health: Migraines and Headaches – 3 hrs

- b. Women's Health: Chronic Pain – 3 hrs
- c. Women's Health: Depression – 3 hrs
- d. Women's Health: Insomnia – 3 hrs
- e. Women's Health: Menopause – 3 hrs
- f. Autism: Pervasive Developmental Disorder – 3 hrs
- g. Anti-Anxiety Drugs – 3 hrs
- h. Arthritis and Rheumatic Diseases – 3 hrs
- i. Brain and Stress: Disorders and Coping Strategies – 3 hrs
- j. Can You Type? Type 1 vs. Type 2 Diabetes – 3 hrs
- k. Chocolate: Food, Drug, or Preventative Medicine? – 3 hrs
- l. Chronic Fatigue Syndrome: The Prognosis Improves – 3 hrs
- m. Cognitive Behavior Therapy – 3 hrs
- n. Eating Disorders: Anorexia, Bulimia, Binge Eating, & Orthorexia' – 3 hrs
- o. Fibromyalgia – 3 hrs
- p. Food Cravings and Appetite Control – 3 hrs
- q. Head Ache – 3 hrs
- r. Heart Health – 3 hrs
- s. Hepatitis A – 3 hrs
- t. Hepatitis C – 3 hrs
- u. Herbs for Menopausal Women – 3 hrs
- v. High-Fat/High-Protein Diets – 3 hrs
- w. Loss of Control: Fighting Back with Full Strength – 3 hrs
- x. Memory and Amnesia – 3 hrs
- y. Mild Brain Injury – 3 hrs
- z. Neurotransmitters: The Bridges of the Brain – 3 hrs
- aa. Omega-3 Fatty Acids: A Clinical Update – 3 hrs
- bb. The Pain Mutiny – 3 hrs
- cc. The Pain Truth – 3 hrs
- dd. Paradise Regained: Achieving Remission in Depression – 3 hrs
- ee. Poles Apart: Unipolar vs. Bipolar Depression – 3 hrs
- ff. Prevent Breast Cancer – 3 hrs
- gg. Rx for Women – 3 hrs
- hh. Snacking: An Opportunity for Better Health? – 3 hrs
- ii. Some Nerve – 3 hrs
- jj. Stop Losing Sleep – 3 hrs
- kk. Sugar, Sugar: Management of Diabetes – 3 hrs
- ll. Topic of Cancer – 3 hrs
- mm. Virus Alert: Smallpox & West Nile Viruses – 3 hrs
- nn. Vitamin C, E, and Folic Acid: Three Efficacious Vitamins – 3 hrs
- oo. Wide Bodies: Children, Obesity, and Diabetes – 3 hrs
- pp. Alzheimer's: Prevention of the Disease and Other Dementias – 3hrs
- qq. Medical Ethics: A Clinical Update – 3 hrs
- rr. Non-HIV/AIDS Sexually Transmitted Diseases – 3 hrs
- ss. Non-Traditional Approaches: Anxiety, Insomnia, & Depression – 3 hrs

- tt. Obesity and Hormones – 3 hrs
- uu. Over the Counter Pain Medication: A Clinical Update – 3 hrs
- vv. Stimulants: Caffeine, Amphetamines, and Appetite Suppressants – 3 hrs
- ww. Stop Gaining Weight – 6 hrs
- xx. Stress and Eating – 3 hrs
- yy. Successful Aging – 4 hrs
- zz. Thyroid Disorders – 3 hrs
- aaa. The Common Cold and Flu – 3 hrs
- bbb. Food Allergies – 3 hrs
- ccc. Germs: Bacteria, Viruses, Fungi, Protozoa & Helminthes – 3 hrs
- ddd. HIV/AIDS – 3 hrs
- eee. Irritable Bowel Syndrome & Inflammatory Gastrointestinal Disorders – 3 hrs
- fff. Skin Allergies, Skin Care, and Wrinkles – 3 hrs
- ggg. Malpractice: An Update for Health Professionals – 3 hrs
- hhh. Low-Carb Diets – 3 hrs
- iii. Obesity and Low Fat Diets – 3 hrs
- jjj. Arthritis, Diet, and Exercise – 3 hrs
- kkk. Asthma and Allergies – 3 hrs
- lll. Autoimmune Disease and Multiple Sclerosis – 3 hrs
- mmm. ADHD, Dyslexia & Autism – 6 hrs
- nnn. Alzheimer's Dementia & Parkinsons – 6 hrs
- ooo. Brain Injury: Stroke, Alzheimer's, & Head Trauma – 6 hrs
- ppp. Stress, Depression & Pain – 6 hrs
- 2. Delaware Health Care Facilities Association
  - a. Educational Conference – 7/28/05 – 5.5 hrs
- 3. Activities for Geriatric Enrichment
  - a. Promoting Quality of Life – 5 hrs
  - b. What's So Special About Special Events – 5 hrs
  - c. Laughter is the Best Medicine, A Humorous Approach to Quality of Life in Long-Term Care – 5 hrs
  - d. The ABC's of Dream Weaving – 5 hrs
  - e. The Name of the Game is Quality of Life . . . Are We All on the Same Team? – 5 hrs
  - f. It's About Time – 5 hrs
  - g. Culture Change – 5 hrs
  - h. Getting Started Along the Path to Culture Change – 5 hrs
  - i. There's No Place Like Home. . . Or Is There? A Closer Look at Culture Change – 5 hrs
  - j. Assessment, The Key to Documentation – 6 hrs
  - k. The New Survey Process of F248/249 (Activities) – 6 hrs
- 4. American Health Care Association
  - a. AHCA's 56<sup>th</sup> Annual Convention & Exposition – 128 hrs – 23 hr Max.
- 5. Health Care Association of New Jersey

- a. HCANJ 20 hr Symposium 2004 – 3/23-25/04 - 20 hrs maximum
- b. HCANJ 20 hr Symposium 2005 – 3/29-31/05 - 20 hrs maximum
- c. Immunization Requirements and Standards for Long Term Care – 9/29/05 – 3.5 hrs
- d. Skin Failure – 9/22/05 – 6 hrs
- 6. Request by Licensee Charles Thompson
  - a. Course Sponsor: Bissell Hospital  
Course: Role of the Public Guardian – 1 hr
  - b. Course Sponsor: Bissell Hospital; DPH; DHSS  
Course: Dealing with the Confrontational Employee – 2 hrs
  - c. Course Sponsor: Bissell Hospital  
Course: Unintentional Weight Loss – 1 hr
  - d. Course Sponsor: Bissell Hospital  
Course: Your Healthy Heart – 1 hr
  - e. Course Sponsor: DPH LTC  
Course: Bio-Terrorism Training – 6 hrs
  - f. Course Sponsor: Bissell Hospital  
Course: Admission to Hospice – 1 hr
  - g. Course Sponsor: DHSS  
Course: Leadership and Emotional Intelligence – 7 Hrs
  - h. Course Sponsor: DHSS  
Course: Management Makes the Difference – 13 hrs
  - i. Course Sponsor: Bissell Hospital  
Course: HIPAA Security – 2 hrs
  - j. Course Sponsor: DHSS  
Course: Outlook Mail – 2 hrs
  - k. Course Sponsor: DHSS  
Course: Pain Management – 1 hr
  - l. Course Sponsor: DHSS/Bissell Hospital  
Course: Person Directed Care – 1 hr
  - m. Course Sponsor: Bissell Hospital  
Course: Stress and Burnout – 1.5 hr
  - n. Course Sponsor: Div. Public Health  
Course: Root Cause Analysis – 9.5 hrs
- 7. Request by Licensee Brenda Dunning
  - a. Course Sponsor: DHSS - Div. of Public Health  
Course: Root Cause Analysis and Sentinel Event Review Training – 10.5 hrs
  - b. Course Sponsor: DHSS – Div. of Public Health  
Course: Amyotrophic Lateral Sclerosis – 1 hr
  - c. Course Sponsor: Delaware Health & Social Services  
Course: Increase Your Professional Knowledge of Complementary Healing Modalities While Improving Your Personal Well-Being – 6 hrs

- d. Course Sponsor: Institute for Natural Resources  
Course: Stress, Depression & Pain – 6 hrs
- e. Course Sponsor: DHSS  
Course: Safety-Core Essentials – Behavioral Safety Training  
– 2.6 hrs
- f. Course Sponsor: DHSS  
Course: Current Thinking in Dementia Treatment – 1 hr
- 8. Request by Licensee Susan Hammond
  - a. Course Sponsor: American Occupational Therapy Assoc.  
Course: Getting Started in Evidence-Based Practice,  
Splinting the Geriatric Hand, Upper-Extremity Prosthetics  
– 3 hrs
  - b. Course Sponsor: Thomson NETg Learning  
Course: Diversity: What Managers Should Know, Coaching:  
Communicating with Employees, Motivating Through  
Reward & Recognition – 6 hrs
  - c. Course Sponsor: Med2000, Inc.  
Course: Bone and Joint Disease – 6 hrs
  - d. Course Sponsor: Catholic Health East  
Course: JCAHO National Patient Safety Goals – 6 hrs
- 9. Institute for Continued Education & Research
  - a. Government and Third Party Reimbursement – 7.5 hrs
  - b. Rehabilitation and Special Care Services – 7.5 hrs
  - c. Medicaid Update for Pennsylvania Long Term Care Facilities – 7 hrs
  - d. Current Malpractice Issues in Nursing Home Care – 6.5 hrs
  - e. How To Be An Effective RNAC in Pennsylvania Long Term Care  
Facilities – 13 hrs

The motion was unanimously carried.

#### Review of Continuing Education Reports Submitted in Response to Random Audit

The Board reviewed continuing education logs received with supporting documentation pursuant to the random audit. Ms. McLaughlin made a motion, seconded by Ms. Cotter, to approve the submissions found to be satisfactory and to notify those found unsatisfactory to submit additional information by the September 13, 2005 meeting. The motion was unanimously carried.

#### Old Business

#### Status of Proposed Legislation

Ms. Warren reported on the status of the proposed legislation. The Board reviewed the amendment that was drafted at the end of the legislative session. Mr. Kieffer recommended that paragraph §5211(e) say 90 days and 180 days, not 90 days and 6 months, for consistency of

wording. Ms. Happoldt made a motion, seconded by Ms. Johnson, to support the changes drafted by the professional members and to notify Senator Marshall that the Board is willing to meet with him to discuss any further questions he has regarding the proposed legislation. The motion unanimously carried. The Board will send a letter.

Diane A. Lee – Previously Tabled Application for Licensure by Reciprocity (KS)

Ms. Jones reviewed with the Board the details of this application. Mr. Kieffer made a motion, seconded by Ms. McLaughlin, to send a letter to Ms. Lee advising her that she cannot use her 480 hour AIT program that she completed toward both the AIT program and required course of study to meet Delaware's requirements. The DE Board will accept the program she completed as an AIT program because the Board feels that it best fits that category. The Board will notify Ms. Lee that based on what she submitted the Board finds her application still lacking a required course of study and that the Board will approve her application contingent upon the receipt of documentation by October 31, 2005, showing completion of a required course of study. The motion was unanimously carried.

Adjournment

There being no further business before the Board, Ms. Johnson made a motion, seconded by Mr. Kieffer, to adjourn the meeting. The motion was unanimously carried. The meeting adjourned at 3:40 p.m.

Respectfully submitted,

Dana M. Spruill  
Administrative Specialist II